Local Health Care Resources for Older Adults - RALEIGH

The list below is not all-inclusive regarding services for older adults. Many of the resources listed provide referrals to other services providers.

1. AARP NC
   www.aarp.org
   (866)389-5650
   1511 Sunday Drive, Ste. 312, Raleigh
   Education, advocacy, and volunteer opportunities

2. Disability Rights NC
   www.disabilityrightnc.org
   (919)856-2195 & (877)235-4210
   Investigates complaints related to discrimination from people living with disabilities

3. Eldercare Locator
   www.eldercare.gov
   (800)677-1116
   Contact information of local aging service providers

4. Inclusive Health
   www.inclusivehealth.org
   (866)665-2117
   Provides more affordable health insurance to individuals living with serious, chronic pre-existing health conditions

5. Legal Aid of NC Helpline
   (866)219-LANC (5262)
   Attorneys provide information and legal advice on non-criminal legal questions
   NC Senior Legal Helpline
   (877)579-7562
   Serves clients age 60 and older with priority given to seniors with the greatest need

6. Managed Care Patient Assistance Program
   MCPA@ncdoj.gov
   (866)867-MCPA (6272)
   & (919)733-MCPA (6272)
   Provides education, advice, support and information for North Carolina health care consumers with health insurance issues

7. MedAssist
   http://www.medassist.org/
   Community pharmacy dispensing free prescription medications to uninsured North Carolinians

8. NC Care Link
   https://www.nccarelink.gov/
   Interactive website that provides current information about programs and services across North Carolina, for everyone

9. NC Division of Aging and Adult Services
   www.dhhs.state.nc.us/aging
   (919)733-8400
   693 Palmer Drive, Raleigh
   Assistance in locating aging service providers

10. NC Justice Center-Health Access Coalition-Campaign for Better Care NC
    www.nchac.org    www.ncjustice.org
    (919)856-2570
    224 S. Dawson Street, Raleigh
    Statewide research and advocacy organization dedicated to transforming North Carolina’s prosperity into opportunity for all-coalition works to reform the health care system for all

11. NC Roadmap for Healthy Aging
    http://ncroadmap.org/bin/view/Main/WebHome
    Online, interactive resource for promoting healthy aging in North Carolina

12. National Respite Network and Resource Center
    http://archrespite.org/
    Online, interactive resource for families who need access to planned or emergency care of a loved one

13. Resources for Seniors
    www.resourcesforseniors.com
    (919)872-7933
    1110 Navaho Dr. Fourth Floor, Raleigh
    Resources, services and care for seniors and adults living with disabilities in Wake County
14. **Seniors’ Health Insurance Information Program (SHIIP)**
   http://www.ncdoi.com/shiip/default.asp
   (800)443-9354 & (919)807-6900
   *Answers questions and counsels Medicare beneficiaries and caregivers on a variety of health insurance products and issues*

15. **Senior PharmAssist**
   www.seniorpharmassist.org
   (919)688-4772
   406 Rigsbee Ave #201, Durham
   *Helps Durham seniors obtain and better manage needed medications through education, advocacy, and community referrals*

16. **SmartNC**
   877-885-0231
   *Provides options and rights related to health insurance*

17. **United Way 2-1-1**
   www.nc211.org
   Dial 2-1-1 or 1-888-892-1162
   *24-hour, 365 days per year, free link to vital community services in 49 counties*