

# Who's hungry in NC?

## IN DISTRICT 7:

**1 in 7** residents, or **114,750** people, do not have enough to eat

**22%**, or **38,780** children, are considered food insecure

There are more than **700** grocers and retailers that participate in SNAP



*Source: Feeding America's Map the Meal Gap 2017 and analysis of USDA SNAP Retailer Locator*

Every night, people in more than **600,000** North Carolina households don't have enough to eat. North Carolina has the **10th highest** rate of food insecurity in the nation. The Supplemental Nutritional Assistance Program (SNAP), formerly known as food stamps, is responsible for lifting more than **160,000** people out of poverty each year. Additionally, more than **9,700** grocers and retailers participate in the program, pumping **\$2.2 billion** in the NC economy last year.

Since peaking at 17.3 percent in 2013, North Carolina's food insecurity rate has slowly declined, yet still remains well above pre-recession levels of 12.6 percent. Today, 5.7 percent, or 228,000 households, report missing meals. That's almost twice the number of all households in Durham, NC.

### ***Here are a few things policy makers can do to help fight hunger:***

- Maintain the efficiency and integrity of SNAP by rejecting program funding changes or costly and burdensome benefit restrictions
- Expanding Breakfast in the Classroom
- Ensuring workers earn enough to be able to place food on the table by raising the minimum wage

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