

# Who's hungry in NC?

## IN DISTRICT 5:

**1 in 7** residents, or **109,840** people, do not have enough to eat

**22%**, or **34,660** children, are considered food insecure

There are more than **760** grocers and retailers that participate in SNAP



Every night, people in nearly **590,000** North Carolina households don't have enough to eat. North Carolina has the **10th highest** rate of food insecurity in the nation. The Supplemental Nutritional Assistance Program (SNAP), formerly known as food stamps, is responsible for lifting more than **160,000** people out of poverty each year. Additionally, more than **9,700** grocers and retailers participate in the program, pumping **\$2.14 billion** in the NC economy last year.

Since peaking at 17.3 percent in 2013, North Carolina's food insecurity rate has slowly declined, yet still remains well above pre-recession levels of 12.6 percent. Today, 5.6 percent, or 229,000 households, report missing meals. That's almost twice the number of all households in Durham, NC.

### ***Here are a few things policy makers can do to help fight hunger:***

- Support policies that support SNAP by ensuring all eligible North Carolinians have access to the program and rejecting burdensome benefit restrictions
- Expanding Breakfast in the Classroom
- Ensuring workers earn enough to be able to place food on the table by raising the minimum wage

For more information, contact Brian Kennedy II at [briank@ncjustice.org](mailto:briank@ncjustice.org) or visit [www.ncjustice.org/SNAP](http://www.ncjustice.org/SNAP)