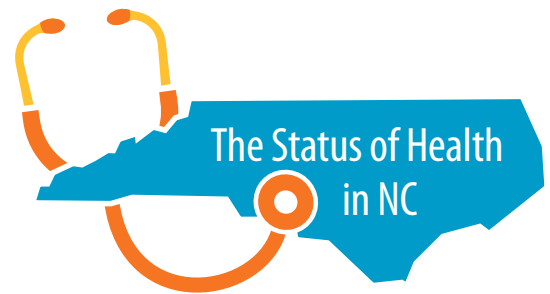


Reducing diabetes makes North Carolina a healthier state



WHAT ARE THE SYMPTOMS?



Since 2008, more than **285,000** North Carolinians have been diagnosed with diabetes. That's roughly the population of Greensboro.



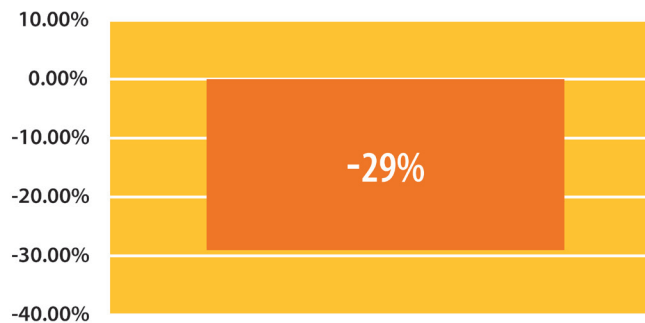
Nearly **1 in 5 adults** in NC with diabetes cannot afford necessary testing supplies or medicine.

SOURCE: NC Center for Health Statistics, BRFSS Survey Results, 2008-2016; OSBM, 2016

WHAT ARE THE CONDITIONS IN NC?

North Carolinians are at a **higher risk of diabetes** when they do not have safe places to play and recreate and cannot easily access healthy and affordable food options. State investments in diabetes and other chronic health conditions include public health funding, nutrition services dollars, and spending on parks and recreation.

State funding for public health has decreased by 29% since 2008



As of 2018, NC spends just **\$5.30 per person** on parks and recreation

SOURCE: OSBM, 2012-2019

WHY TREATMENT MATTERS



✓ Diabetes and other chronic health conditions can be improved through equitable investments in recreational spaces and parks.

✓ Ensuring that all communities have healthy and affordable food options located nearby can help prevent diabetes.